

**SKIN PREPARATION FOR EXTERNAL USE**

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**Inventor:** MITSUMA TSUTOMU

**Applicant:** SANKO BUSSAN KK

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- European:

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**Abstract of JP2001039854**

**PROBLEM TO BE SOLVED:** To obtain a skin preparation for external use capable of exhibiting bleaching, humectant and improving and preventing effects on skin roughening and useful as a cosmetic, a quasi-drug for external use and a medicine for external use by including an extract from a plant of the genus *Lepidium* of the family Cruciferae. **SOLUTION:** This skin preparation for external use is obtained by including an extract from a plant of the genus *Lepidium* of the family Cruciferae. The plant is a root vegetable plant naturally growing or cultivated in the Andes district, mainly in a highland in Peru, e.g. *Lepidium Meyenii* Walp. The extract is obtained by using, e.g. a bulbar part thereof, directly dipping the bulbar part in an extracting solvent (e.g. water or a hydrophilic organic solvent such as ethanol or 1,3-butylene glycol or a mixed liquid thereof) or, as necessary, cutting and pulverizing the bulbar part and dipping the cut and pulverized bulbar part therein and carrying out the extraction. The extract is preferably contained in an amount of usually 0.001-10 wt.% expressed in terms of a dried material (dried solid content of the extract).

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